

Obstacle course ideas with strong bilateral integration components

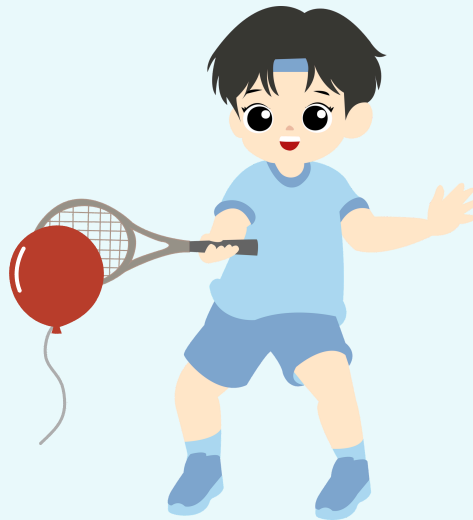
Using minimal equipment and easy classroom setup

Walk heel-to-tie along taped lines on floor



Wall pushes

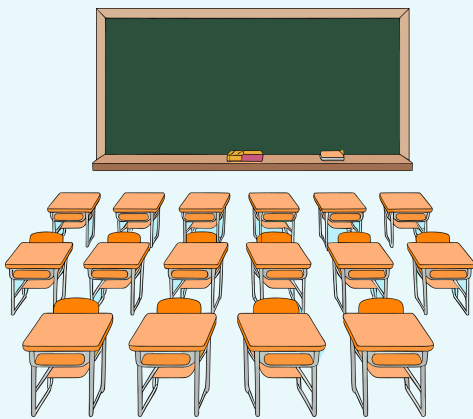
Balloon tennis



Throw bean bags into basket



Weaving around desks



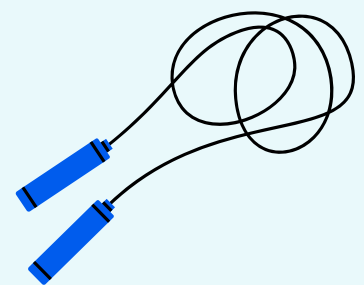
Crawl under tables



starjumps and clap



Skipping Ropes



Wheelbarrow Walks

